

HIGHFIELD HOUSE Residential Care Home



**RESIDENTIAL CARE HOME OF THE YEAR 2018
SPECIALIST CARE AWARD 2018
– END OF LIFE CARE & DEMENTIA**



NEWSLETTER

May 2019 Issue #6

Welcome to Highfield House Newsletter No6. We hope you are finding them informative. We have now received the **Gold Standards Framework Gold Plaque** which is displayed in the entrance hall. We are continuing with our objective of providing more opportunities for people to go out and have visited Chew Valley Lake, the American Diner, The Sparkford Inn, Cheddar Gorge as well as the local Castle Cary Cafés. We have also really enjoyed visits from Hazlegrave Prep School children, several animals and some new singers which have been popular.



YOUR FEEDBACK - As you know we really value and act upon your feedback about the service provided at Highfield House. Your ideas and comments help us to continually improve the quality of life for people. We will soon be sending out **QUESTIONNAIRES** to Residents, Relatives and Friends and Staff and would really appreciate your honest feedback and suggestions. We also now have a **COMMENTS BOOK** in the Entrance Hall for you to provide us with feedback at any time. Thank you.

NATIONAL CARE HOMES OPEN DAY HIGHFIELD HOUSE - GARDEN PARTY

2:30 on **FRIDAY 28TH JUNE**

**EVERYBODY IS WELCOME TO JOIN US FOR MUSIC,
STALLS, ENTERTAINMENT AND REFRESHMENTS.
ANY FUNDS RAISED WILL GO TOWARDS THE
RESIDENTS OUTINGS & ACTIVITIES**

Congratulations to Sarah Blackwell embarking on her 3rd training course this year Principles of Team Leading. She has already completed on Common Health Concerns and Diabetes 😊

NUTRITION & HYDRATION

Well done to the whole staff team for your efforts in promoting and encouraging Fluid intake for everyone living at Highfield House. We have seen really positive results. We are also now providing bowls of fruit in people's bedrooms which helps increase Nutritional intake

Virtual Reality Headsets

We are experimenting with VR Headset which will be a way in which people can see and experience places, memories, events. If families attend a wedding or visit a place of interest, please take a 360 degree video. Share it with your relative via the headset. Or you can email it to us. The gift of technology!



DEAF PLUS WILL BE AT HIGHFIELD HOUSE FROM 1:45pm ON TUESDAY 7TH MAY. THEY WILL CLEAN AND SERVICE HEARING AIDS FOR THE LOCAL COMMUNITY SO DO POP IN.

**Mixing and Mingling
WE WILL BE ATTENDING NORTH CADBURY VILLAGE HALL AFTERNOON TEA PARTY ON WEDNESDAY 15TH MAY**

**Sunflower Competition
We have planted Sunflowers which are on display in the Conservatory. Who will have the best growing Sunflower?**



Welcome Amy Lever & Tanita Brown as Waking Night Staff and Rachael Smallbone as a Care Assistant. We will be saying sad Goodbye to Virgilija on 20th May


A smile is the light in your window that tells others that there is a caring, sharing person inside. (D Waitley)