

HIGHFIELD HOUSE ACTIVITIES CALENDAR

July 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>"He stood beside a cottage lone And listened to a lute, One summer's eve, when the breeze was gone, And the nightingale was mute."</p>				<p>1 Quiz Morning</p> <p>Manicures</p>	<p>2 Discussion</p>  <p>Crafts With Lisa</p>	<p>3 Word Games</p> <p>Film Afternoon</p> 
<p>4 Coffee shop</p>  <p>Jan Reminiscence</p>	<p>5 Play Your Cards Right</p> <p>Nick The Potter</p> 	<p>6 Hairdresser Quiz</p> <p>Lin Phelps</p> 	<p>7 Pella's Choir</p>  <p>Target Quiz</p>	<p>8 Quiz Morning</p>  <p>Pom Poms</p>	<p>9 Hangman</p>  <p>Party Games</p>	<p>10 Quiz</p>  <p>Adelaide Singing</p>
<p>11 Coffee shop</p>  <p>Out for a Walk in the Town</p>	<p>12 Singing along with Alexa</p>  <p>Out for a Drive</p>	<p>13 Hairdresser</p>  <p>Justin Daish</p>	<p>14 Pella's choir</p>  <p>Play your cards right</p>	<p>15 Pub Lunch</p>  <p>Shelia & John Singing</p>	<p>16 SWAG BAGS WITH MANDY</p>  <p>Documentary</p>	<p>17 Word Games</p>  <p>Film</p>
<p>18 Chiropodist Visit</p>  <p>Trip to Garden Centre</p>	<p>19 Residents Meeting</p>  <p>Pom-Poms</p>	<p>20 Hairdresser</p> <p>ABCDEFGHIJ KLMNOP QRSTUVWXYZ</p> <p>The Alphabet Game</p>	<p>21 Pella's Choir</p>  <p>Ball Games</p>	<p>22 Outing</p>  <p>Target quiz</p>	<p>23 Move it or lose it</p>  <p>Documentary</p>	<p>24 Songs Of Praise</p>  <p>Film Afternoon</p>
<p>25 Coffee Shop</p>  <p>Armchair Exercises</p>	<p>26 Crafts With Lisa</p>  <p>Bingo</p>	<p>27 Hairdresser Holy Communion</p>  <p>Walks In Garden</p>	<p>28 Pella's Choir</p>  <p>Flexercise With Mandy</p>	<p>29 Quiz Morning</p> <p>Out For Afternoon Tea</p>	<p>30 Word Games</p>  <p>Les Chaffe.</p>	<p>31 Hangman</p>  <p>Film Afternoon</p>