

HIGHFIELD HOUSE ACTIVITIES CALENDAR

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p>Valentines Poem A day for kindness, A day for smiles, A day for friendship, Across the miles A day for sharing, A day for hugs, But most of all, A day for love</p> 			<p>1 Pella's Choir  2pm Let's Talk Dignity 3pm Entertainer</p>	<p>2 Weight Monitoring & Diet Planning Ray's Birthday Celebrations </p>	<p>3 Word Games  Documentary</p>	<p>4 Topical Discussion  Film Afternoon </p>
<p>5 Arm Chair Exercises   3:30 Justin Daish</p>	<p>6 Valentines Crafts with Lisa  Hook A Duck</p>	<p>7 Hairdresser Charles Dickens Day  Sit & Strengthen</p>	<p>8 Pella's Choir  Ball Games</p>	<p>9 Friday Quiz  Make Your Own Pizza Evening</p>	<p>10 Chinese New Year   Arts & Crafts</p>	<p>11 Word Games ABCDEFGH IJKLMNOPQ RSTUVWXYZ Film Afternoon </p>
<p>12 Michelle Crab Chiroprapist Armchair Exercises </p>	<p>13 Resident's Meeting  Pancake Day/Memory Game</p>	<p>14 Hairdresser & Manicures Valentines Tea Party</p>	<p>15 Pella's Choir  Parachute Games</p>	<p>16 Friday Quiz  Danny Duke Box</p>	<p>17 Word Games  Jan's Birthday Celebrations</p>	<p>18 Topical Discussion  World Wine Day</p>
<p>19 Arm Chair Exercises  Steve Piano Man</p>	<p>20 Stain Glass Window- Lisa Ann D Birthday Celebrations </p>	<p>21 Hairdresser & Manicures  Sit & Strengthen</p>	<p>22 Pella's Choir  Sensory Time With Brighty</p>	<p>23 Friday Quiz Lunch At Whitstones Nick the Potter</p>	<p>24 Topical Discussion  Bingo</p>	<p>25 Word Games ABCDEFGH IJKLMNOPQ RSTUVWXYZ Film Afternoon</p>
<p>26 Mandy's Swag Bag  Cookery Club</p>	<p>27 Indoor Skittles  Coffee Shop</p>	<p>28 Hairdresser Holy Communion  Sit & Strengthen</p>	<p>29 Pella's Choir  Lin Phelps</p>	<p>What did the melon say to the other melon on Valentine's Day? You're one in a melon!!</p> 		

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